

## Medication and Supplies List

Primary Pharmacy Name: \_\_\_\_\_ Number \_\_\_\_\_

Secondary Pharmacy Name: \_\_\_\_\_ Number \_\_\_\_\_

Other Pharmacy Name: \_\_\_\_\_ Number \_\_\_\_\_

Laboratory Name \_\_\_\_\_ Number: \_\_\_\_\_

Allergies/Adverse Reactions: \_\_\_\_\_.

List all prescription and non-prescription medications (including oral, injections, creams, sprays, drops, over the counter medications , vitamins, supplements, herbals) and supplies.

### Prescription Medications and Supplies

Prescribed and monitored by a physician (oral, injections, creams, sprays, drops)

Medication Name and Dosage	Purpose	Check if Rx med	Frequency (When and How often do I take this)	Other Instructions for taking Medication	Lab Monitoring (check if yes and describe)	Other information (including contraindications)	Prescribed by Primary Care Physician	Pharmacy:
Lisinopril 3 mg	Blood pressure	<input type="checkbox"/>			<input type="checkbox"/> Yes Describe:		Yes/No If no, provide physician name:	<input type="checkbox"/> Primary <input type="checkbox"/> Secondary <input type="checkbox"/> Other

### Non-Prescription Medications and Supplies

Over the counter medications , vitamins, and supplements (including herbals, oral, injections, creams, sprays, drops, supplies).

Medication Name and Dosage	Purpose	Frequency (When and How often do I take this)	Other Instructions for taking Medication:	Other information (including contraindications)
Ibuprofen 200 mg	Pain	Every 6 hours, as needed	Take with food. Drink plenty of water. Do not take more than 8 pills in a 24 hr period.	Can cause/worsen stomach ulcers. Do not take with alcohol.

Note:

1. Medications are automatically alphabetized and numbered by the app.
2. Medications can be discontinued/deactivated within the app and that date will be noted.